

## **CERTIFICATE**

## OF PARTICIPATION

This is to certify that

## Karabo Nkachela

Has successfully participated & completed the

48km SA Run 4 Cancer Ultra Marathon 2019

held at Polokwane Rugby Fields.

**TIME** 03:17:48

**PACE** 04:06/km

**OVERALL** 30 of 421

**GENDER** 30 of 366

**SENIOR (20-** 25 of 182

39)

26 October 2019, Sat

Date

owe from